

# The Forestville Flyer

Monday, 18 November, 2019

Term 4 Week 6

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Website: [www.forestvill-p.schools.nsw.edu.au](http://www.forestvill-p.schools.nsw.edu.au)

## DATES TO REMEMBER

Fri 22 Nov	Yr 2 Coastal Environment Centre	Wed 11 Dec	Year 6 lunched provided by Year 5
Mon 25 Nov	P & C Meeting – Forestville RSL	Thu 12 Dec	Year 2 Presentation Day – 9.30am
Mon 25 Nov	Year 1 (1A & 1Y) Sydney Observatory	Fri 13 Dec	Year 6 Dinner Dance
Tue 26 Nov	Oz Tag Gala Day	Mon 16 Dec	Stage 3 Picnic
Wed 27 Nov	Stewart House Mufti Day - gold coin donation	Tue 17 Dec	Forest Idol
Thu 28 Nov	Year 1 (1HM & 1K) Sydney Observatory	Wed 18 Dec	Year 6 Graduation
Thu 28 Nov	Parent Helper Thank You breakfast 8.00 am – 8.45 am	Wed 18 Dec	Last day of Term 4
Thu 5 Dec	Sports Assembly – Years 3-6 9.30 am ( <b>new date</b> )	Thu 19 Dec	Staff Development Day No students
Fri 6 Dec	Xmas Carols Soiree	Fri 20 Dec	Staff Development Day No students
Tue 10 Dec	Yr 2 Swimming finishes	Tue 28 Jan	Staff Development Day
Tue 10 Dec	Presentation Day – Year 3-6 9.30am	Wed 29 Jan	Years 1 – 6 Students commence Term 1
Wed 11 Dec	Kindy Presentation Day – 9.30am Yr 1 Presentation Day – 11.30am	Mon 3 Feb	Kindergarten – commence Term 1

## Principal's Report

### SCHOOL WORKS

On Monday and Tuesday a new electronic sign will be erected adjacent to the Darley Road entrance. There will be some changes in the access to the school on these two days so please follow any signage or instructions by staff. There have been multiple delays with this project due to the contractor meeting the DoE guidelines but the sign is underway now and should be working next week.

Starting on 30 November painting will be occurring throughout the school which will effect some classrooms. We have tried to limit the impact on teachers and students but there will be some classes who will need to change rooms. These works will also go throughout January, so I expect the impact on the school's appearance will be significant starting next year. It is wonderful that the department is prioritising these works to ensure improvement and maintenance of our facilities.

# Principal's Report

## **STRINGS CAMP**

I had the pleasure of attending the performances for all string ensembles after the inaugural strings camp last week at Camp Kedron. Every group performed with gusto and the improvement across the board was palpable. It gave me such enormous joy to watch the students and parents enjoy the camp so much and to be part of the audience for the final concert. I would like to thank Kylie Lake and her team for the fabulous organisation of the camp, Jess Brown for her ongoing leadership, Pip Birkett and Mark Stevens for their commitment to our school and the strings program, as well as their positivity and care of our students, and Summer Freidland for her ongoing support and mentoring. The camp will surely be an annual event now, which is wonderful.

## **GROWTH MINDSET- CREATIVITY – The epicentre of exploration and discovery**

Creativity is the ability to generate and communicate original ideas and appreciate the nature of the world around them and appreciate beauty. It fosters imagination, innovation, and a sense of aesthetics.

We inspire creativity when we encourage young people to express themselves through writing, poetry, acting, photography, art, digital media, unstructured play, etc. When we notice and praise them for thinking outside the box and taking risks, children's imaginations blossom.

Your child's creativity is defined by more than the sum of its parts, which include originality, self-expression, risk-taking, intelligence, autonomy, collaboration, and imagination. Contrary to conventional thinking, creativity is not limited to the right hemisphere of the brain. According to psychologist Scott Barry Kaufman, "The entire creative process—from preparation to incubation to illumination to verification—consists of many interacting cognitive processes (both conscious and unconscious) and emotions."

### ***10 ways to Boost your child's creativity.***

1. Play, Play, Play! – self-directed, unguided, let your child's imaginations soar.
2. Nurture your child's interests.
3. Expand the language of imagination – develop 'feeling and emotion' vocabulary.
4. Encourage 'possibility thinking' – What if?
5. Foster creativity through art and making things.
6. Explore the beauty of nature.
7. Nurture a 'give it a go' mindset.
8. Develop risk taking, self-discipline, open mindedness, mindfulness, empathy and tolerance.
9. Take time to daydream.

## Principal's Report

10. Recognise the joy in being creative.

This youtube clip talks about How to raise creative children by Adam Grant, a Professor of Psychology from the University of Pennsylvania.

<https://www.youtube.com/watch?v=11k46RcFnok>

**Thank you for your support,**

**Louisa Wellings**

**Relieving Principal**

## P & C

### **P&C Meeting - 7.00pm Monday 25 November - Forestville RSL**

Our last meeting of the year will take place at the Forestville RSL and include Christmas drinks and nibbles. Our chance to say thank you for your support this year. Everyone is welcome.

### **Buying Gift Cards online = raising money for our school**

Forestville Public have been offered a unique opportunity to raise funds for the P&C through a local Forestville Public School family business this Christmas. This Christmas (or for any occasion) instead of buying Gift Cards at the Supermarket, we would like to encourage you, your family and friends to buy them online at [www.giftcardexpress.com.au](http://www.giftcardexpress.com.au)

When you do, Forestville Public School P&C will receive 50% of the profit from each gift card sold. All you have to do is enter **PCFCODE** when you buy on [www.giftcardexpress.com.au](http://www.giftcardexpress.com.au).

Gift Card Express is the largest website of all digital and plastic gift cards in Australia and they will deliver eGift cards to your inbox or have the plastic cards delivered to you or your loved one's door.

The more people who buy Gift Cards from this site using **PCFCODE** in the Promotion Code section means the more funds will be raised for the School's P&C. This potentially can be a great fund raiser for the school, so please tell your family and friends to buy from [www.giftcardexpress.com.au](http://www.giftcardexpress.com.au)

## Thank You Breakfast



## From the Office

### **STATEMENT OF ACCOUNT**

Term 4 Account reminders will be emailed to all families with outstanding fees by the end of the week . Prompt payment is appreciated.

### **PERMISSION NOTES**

We have received a number of permission notes missing the student's name and/or class. Please ensure all the relevant details are on the permission note.

### **SKOOLBAG APP**

Please download the SKOOLBAG app to your device to keep up to date with school newsletters and notifications. **Please make sure you are subscribed to your current Year Group and remember to update this in the New Year.**

## From the Office

The following link will assist you with:

- How to find Notices and Newsletters
- How to locate and subscribe to Groups
- How to locate the E forms
- How to find the school's latest notifications
- How to locate archived notifications

<https://skoolbaghelp.zendesk.com/hc/en-us/articles/360000573975-How-to-locate-the-features-in-the-new-SkoolBag-app>

## Student Banking

### **Tuesday, 10 December – Last Banking day for 2019**

With only a few weeks of term left, students who are eligible for School Banking Rewards need to have them ordered by the end of this month in order to receive them before the end of the year. Our last banking morning will be on **Tuesday 10 December**.

If your child is not already banking and would like to, simply pop into your local branch and open their account and bring along their deposit book to our team of volunteers.

## Stewart House Mufti Day - Wednesday, 27 November

Join Forestville in supporting and raising money for Stewart House on Wednesday, 27 November (Week 7) by wearing something that makes you happy. Remember appropriate clothing, with shoulders covered, enclosed shoes and hats. Gold coin donation.

**SRC, Miss Mountford and Miss Norman**

## Choir

### Forestville Choirs Upcoming performances and rehearsals

The Forestville Public School Choirs have been busy this term perfecting and learning new songs in preparation for some upcoming performances.

Please look carefully at these dates and note them down in your diary.

Date	Who's involved	Description of event
Tues 19 November	Senior Choir	Carols rehearsal with band in the hall <b>Arrive 8:10am</b> – meet outside canteen
Thurs 28 November	Carols soloists Junior Choir Year 2 Choir	Carols rehearsal with band in the hall <b>7:45am</b> soloists – O come all the faithful, Frosty the snowman, All I want for Christmas is you <b>8:15am</b> Junior Choir & Year 2 Choir – meet outside canteen at 8:10am
Wed 4 December	Senior Choir Junior Choir Year 2 Choir	Carols rehearsal with Strings in the hall <b>7:45am</b> Junior Choir & Year 2 Choir – meet outside canteen at 7:40am <b>8:15am</b> Senior Choir – meet outside canteen at 8:10am
Thurs 5 December	Junior Choir	<b>9:30am</b> - Junior Choir performing at Sports Assembly
Fri 6 December	Senior Choir Junior Choir Year 2 Choir	<b>CAROLS NIGHT!</b> Arrive 5pm Starts at 5:30pm
Tues 10 December	Senior Choir	<b>9:30am</b> – Senior Choir performing at Years 3-6 presentation day
Thurs 12 December	Year 2 Choir	<b>9:30am</b> – Year 2 Choir performing at Year 2 presentation day

With our new songs and these upcoming performances, it is important that the children are coming to their weekly lunchtime rehearsals. Please remind them of this and encourage them to practice their songs at home.

**Miss Brown**

Christmas Carols Night - Friday, 6 December

# Forestville Public School Band Presents



## A COMMUNITY CHRISTMAS CAROLS NIGHT

**PERFORMANCES BY FORESTVILLE PUBLIC SCHOOL  
BAND, CHOIR AND STRINGS ON THE OVAL**

Come along and join us singing Christmas Carols  
with a visit from Santa Claus

**FRIDAY 6TH DECEMBER 2019  
GATES OPEN AT 5.00PM, 5.30PM START**

**SAUSAGE SIZZLE, SNACKS AND CAKES  
REINDEER EARS AND LED CANDLES FOR SALE**  
No alcohol allowed on premises

Forestville  
PUBLIC SCHOOL  
Darley Street  
Forestville

**ONE AGENCY**  
THE FOREST



## Band News



### Forestville Band 2019

#### **CHANGES TO REHEARSALS IN PREPARATION OF THE CAROLS NIGHT**

The following changes will be made to rehearsals to accommodate various bands and choirs rehearsing together before the carols night.

##### **Intermediate Band**

Monday 18 November 7.30am rehearsal will move to Tuesday 19 November at 7.30am

Thursday 28 November 3.15pm rehearsal will move to Thursday 28 November 7.30am

#### **CHRISTMAS CAROLS NIGHT – SAVE THE DATE!**

Arrangements are underway for the Forestville Public School's Community Christmas Carols Night on Friday 6 December from 5.30pm (gates open at 5.00pm). This is a community event with performances by Forestville Public School's Band, Choir and Strings on the oval. There will be a sausage sizzle, snacks and cakes and reindeer ears and LED candles for sale.

#### **TEAM APP**

We strongly suggest all band families download the TEAM APP and join up – the cost is free and it is a great way to stay up to date with all news and communications. If you need help downloading the app please contact Alison on [fpsbands@gmail.com](mailto:fpsbands@gmail.com)

#### **REHEARSALS**

If you are not able to attend a rehearsal or performance please let your band coordinator know asap so they can forward this onto the conductors, this way they know who will be absent and can plan the rehearsals and performances accordingly.

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Rehearsal times are as per below table:

<b>Band</b>	<b>Rehearsal Day / Time</b>
Intermediate Band	Monday 7.30-8.45am Thursday 3.15-4.15
Training Band	Tuesday 7.30-8.45am
Concert Band	Tuesday 3.15-4.15pm Thursday 7.30-8.45am
Stage Band	Wednesday 3.15-4.15pm



## Band News

### Future Dates to put in your diary:

**Intermediate and Concert Bands Westfield Showcase** – Monday 25 November  
10.00am-1.00pm, Westfield, Chatswood

**Concert Band Community of Schools** – Wednesday 27 November 6.30pm  
Killarney Heights High School

**Sports Assembly** - Tuesday 3 December 9.30-10.30am Stage Band performance  
**Yr 3-6 Presentation Day** - Tuesday 10 December 9.30-11.00am Concert Band performance

**Yr 2 Presentation Day** – Thursday 12 December 9.30-11.00am Intermediate Band performance

**Hire Instrument Return** – Friday 13 December 8.00-9.00am

**Christmas Carols** – Friday 6 December

Band Committee [fpsbands@gmail.com](mailto:fpsbands@gmail.com)

## Strings News



### Term 4



Hello Strings Community

I hope the kids enjoyed our first **Strings Camp** last week. We thought that it was a smashing success! Many thanks to our conductors Pip and Mark, our fabulous teacher Jess and all the parent volunteers who helped out!

See some photos of the day with the following dropbox link:

<https://www.dropbox.com/sh/t1ba847si0pcrat/AADKSXlwpEXpw95iQiu69c6Ha?dl=0>



## Strings News

### **TERM 4 DATES:**

Symphony Orchestra Rehearsals: Last rehearsal prior to performance Thu 3.15-4.15pm  
21/11

Killarney Community of Schools Senior Strings and Combined Symphony Orchestra  
Wed 27th November evening 6.00pm arrival for 6.30pm start at Killarney Heights High  
School.

Christmas Carols All Groups (with band and choir) Friday 6th December 6-8pm

**Additional All Group Rehearsals** for the Carols will be held that week:

3.15 Monday 2 Dec and 7.45am Wednesday 4 Dec. Choir will be joining us. There  
will be no beginner rehearsal AM on Friday 6 December.

**Seniors Strings Audition:** for Junior Strings Wednesday 11 December from 9am

**Presentation day performances Week 9:** Year 3-6 on Tuesday 10 December  
Senior Strings performing; Year 1 on Wednesday 11 December Beginners  
performing and Year 2 on Thursday 12 December Juniors will be performing

Any questions please contact

**Kylie Lake - Strings President**

**fps.strings@gmail.com ph: 0414 666 711**

## Uniform Shop

### **CALL OUT FOR 2ND HAND UNIFORMS!!!!**

Summer stocks in our 2nd hand uniform shop are low, if you have any uniforms to donate  
please leave at office.

We cannot accept hats!

New hats are available in office, for those who need one in a hurry!

New uniforms available online or in store from Pickles, our uniform supplier.

### **PLEASE CHECK LOST PROPERTY FOR MISSING ITEMS.**

Label all drink bottles and lunch boxes with name and class, it makes it easier to return items!

Our 2nd hand Uniform Shop is operating out of the room near 2NZ.

### **ORDER ONLINE**

<https://www.pickleschoolwear.com/shop?school=forestville-public-school>

Please note that if order online to be delivered to the school, there is no delivery fee.

**Bronwyn Barlin - 0424513527**

## Forest Bites Canteen

### Volunteer Roster Weeks 6 & 7

Monday	Tuesday	Wednesday	Thursday	Friday
18 November Tamara L Mel S	19 November	20 November Karen S	21 November Rebecca D Philippa Webb	22 November Emma S Belinda C
25 November Claudia S	26 November Katie F Jo D	27 November	28 November Michelle J Myrna H	29 November Michelle G Volunteer needed



### Volunteers needed - Friday 6 December

The canteen has no volunteers on Friday, 6 December. If you are able to help, even for an hour first thing in the morning or bagging all the sushi from 11.30 am, please contact Tania on 0414 528 534 or via email [fpscanteen@gmail.com](mailto:fpscanteen@gmail.com). Any help would be very much appreciated.

### Volunteers

If you can't make your shift, please contact other volunteers from the list (2<sup>nd</sup> page of your roster).

Contact details for the Canteen Managers:

Tania Laytham (Monday, Tuesday & Friday) 0414 528 534

Kim Egelton (Wednesday, Thursday) 0412 254 310

### Order online with Munch Monitor

[www.munchmonitor.com](http://www.munchmonitor.com)


**School ID:** Forestville, **Password:** munch2087

There is an account-keeping fee of \$3.65 per parent per account per term, payable via your online account. For assistance, contact [help@munchmonitor.com](mailto:help@munchmonitor.com), call 1300 796 190 or visit us in the canteen.

Forest Bites canteen is proudly sponsored by McGrath Forestville

# McGrath





**Auskick is coming to your school!**

NAB AFL Auskick is the best fun you can have being active! In weekly sessions, Auskickers explore the world of AFL, build football skills and play in a safe and super fun setting!

**Register at [play.afl/auskick](http://play.afl/auskick)**


Kicking off  
Wednesdays  
20th Nov - 11th Dec

Sessions running from  
3:10pm - 4:10pm

PROGRAM LEADER  
Izzy Rudolph  
0449 501 742

PHILIP PULLMAN'S  
**GRIMM TALES**

Adapted for the stage by Philip Wilson



An immersive theatre experience for 5-12 year olds  
15 Jan - 22 Feb 2020  
9.30 am, 11.30 am, 1.30 pm daily  
Glen Street Theatre, Belrose

TICKETS \$20 - \$25  
BOOK NOW  
[glenstreet.com.au](http://glenstreet.com.au) | 9975 1455  
Transaction fees may apply

MSTYP MARIAN ST THEATRE FOR YOUNG PEOPLE  
Northern Sydney Theatre  
Glen Street Theatre  
St Ives  
In association with Nick Heurn Books

*Nic and Skye Jeffries invite you to*  
**JAM's Beginner Open Day**




**Saturday 7 December 1pm – 3pm**

Meet members of the JAM team, explore the facilities and play some music

**FREE entry | Families welcome!**

Shop 2a 25 Tramore Place Killarney Heights  
[www.jam.nsw.edu.au](http://www.jam.nsw.edu.au) | 8054 8700



**Lifeline** Saving Lives  
Crisis Support. Suicide Prevention.

**GIANT BOOK FAIR**

**Brookvale**  
St Augustine's College  
Federal Parade

**November 22-24**

Friday 2-8  
Saturday 9-5  
Sunday 9-2

## Summer Holiday Camps

16<sup>th</sup> December 2019 – 29<sup>th</sup> January 2020



Join our Holiday Camps and play soccer indoors on grass

**CLINICS FILL FAST, SO BOOK NOW!**

Here at the Football Factory we acknowledge the necessity to focus on the development of an individual's skills. It is important that children have fun whilst they learn new skills, and that's why we've tailor made our school holiday camps to be both fun and engaging!

- Professionally qualified & engaging FFA & AFC coaches
- Learn new tricks, skills and techniques to improve your overall ball mastery and game play. We will teach you how to execute a 'Zidane Turn', 'The Socrates', 'Rabona', 'Maradona Spin', 'Cryuff Cut', 'Ronaldo Chop', or learn how to do an 'Oxford'!
- Play football, no matter what the weather, in your boots!
- Finish the day with Laser football

Half Days 9.00am-12:00pm | Full Days 9.00am-3.00pm | Extended days 8.30am-5.30pm  
For 5-14 year olds | Book from 2 days to 10 days

### Check it Out!



The Football Factory | Unit 2, 8 Aquatic Drive, Frenchs Forest | (02) 9972 7766 | [thefootballfactory.com.au](http://thefootballfactory.com.au)

## What's On



See what's on during school terms at The Football Factory

**Classes for all ages – 2 years to Adults**

### Preschool Classes

2-6 years Monday to Saturday

Teach your child to learn football in an environment focused on helping your child's development. All sessions are based on technique and skill development. You will be amazed to see how kiifull they become.



### Skills and Small-Sided Games

5-9 years Saturdays

Each week your child will focus on different skills and football fundamentals. Finishing with a 3-game tournament.



### The Football Factory's Skills Classes

5-12 years Monday to Saturday

Improve the foundation of your child's touch, both first and last. Build their confidence, creativity and personal flair. Each week we focus on the fundamentals, tricks and skills.

### Development Squad

6-15 years Monday to Friday

The Development Squad is an elite program designed from the ground up to ensure maximum player performance. Focusing on all areas of play the development squad leaves no stone unturned. The training environment has been crafted to advance and build player confidence and creativity. A trial is required to enrol in the Development Squad.



### The Football Factory's Academy

U6s-U16s Sunday Matches & Weekday Training

The Football Factory competes in the Premier Academy League (PAL) a competition for the top football academies in Sydney. Players are given a platform to challenge themselves against quality opposition and improve themselves along the way.



The Football Factory | Unit 2, 8 Aquatic Drive, Frenchs Forest | (02) 9972 7766 | [thefootballfactory.com.au](http://thefootballfactory.com.au)

## Live Life Well @ School

### BUS & ROAD SAFETY



**Children are most at risk in the minutes after getting off the bus.**

To improve safety:

- Wait until the bus has gone, then use a **safe place to cross** e.g. school crossing
- Model safe pedestrian behavior. **Stop! Look! Listen! Think!** every time you cross the road and keep checking until safely across.
- Up until at least 10 years old, **supervise** closely and **hold your child's hand** when crossing the road.

For more tips, click on 'Staying Safe' -> 'Schools' at [Roadsafety.transport.nsw.gov.au](http://Roadsafety.transport.nsw.gov.au)



Health  
Northern Sydney  
Local Health District