

The Forestville Flyer

Monday, 2 December, 2019

Term 4 Week 8

Address: 7 Melwood Ave, Forestville, 2087 **Ph:** 9452 5444 **Email:** forestvill-p.school@det.nsw.edu.au

Website: www.forestvill-p.schools.nsw.edu.au

DATES TO REMEMBER

Wed 4 Dec	Year 6 Thank you lunch provided by Year 5	Mon 16 Dec	Picnic Day at school for Kindergarten, Stage 1 and 2
Thu 5 Dec	Sports Assembly – Years 3-6 9.30 am (new date)	Tue 17 Dec	Forest Idol
Fri 6 Dec	Xmas Carols Soiree	Wed 18 Dec	Year 6 Graduation 1.30pm in the Hall
Tue 10 Dec	Yr 2 Swimming finishes	Wed 18 Dec	Last day of Term 4
Tue 10 Dec	Presentation Day – Year 3-6 9.30am	Thu 19 Dec	Staff Development Day No Students
Tue 10 Dec	Last day of student banking	Fri 20 Dec	Staff Development Day No Students
Wed 11 Dec	Kindy Presentation Day – 9.30am Yr 1 Presentation Day – 11.30am	Tue 28 Jan	Staff Development Day
Wed 11 Dec	Choir lunch	Wed 29 Jan	Year 1 – 6 Students commence Term 1
Thu 12 Dec	Year 2 Presentation Day – 9.30am	Mon 3 Feb	Kindergarten – commence Term 1
Fri 13 Dec	Year 6 Dinner Dance	Fri 7 Feb 2020	Swimming Carnival
Mon 16 Dec	Stage 3 Picnic at Davidson Park		

Principal's Report

LEADERSHIP POSITIONS

I would like to congratulate all students in Year 5 for their exemplary behaviour and role modelling during the Leadership Program and resulting elections. This is the first time students are exposed to the rigours of elections and the nomination and voting procedures. They also must learn to accept the outcomes of these elections by either accepting a position with grace and humility, congratulating their peers or accepting disappointment. All of these skills are necessary for their growth and development into their teenage years and adulthood, and we congratulate this year's group for their fine attitude. There will be more positions available in 2020 with the library and technology roles, the flag and sound technician roles, the debating and public speaking teams and more.

PRESENTATION DAYS

It is a very busy time of year for students and staff as we prepare for the presentation days. It is important that these ceremonies reflect the respect that we all have for the huge amount of work our students have done in 2019 and for their achievements. Please ensure your children come dressed in full school uniform for these events.

Principal's Report

HOME READERS / LIBRARY BOOKS AND RESOURCES

Please return all home readers to school by the end of this week as we need to complete a stocktake of resources. Any other school resources which students may have borrowed can be returned at the same time. It is important that we have our resources returned as we need to move into 2020 with adequate supplies for the students moving into their next grade.

PAINTING

The painting contractor changed the timeline for the painting work during last week due to delays, which means that all inside spaces on the schedule will be done during the holidays. They plan to begin with the external works soon.

ASPHALTING

New Asphalt will go down in the school during the holidays so parts of the playground will be inaccessible. The asphaltting company will be putting fencing up to ensure the safety of the students and staff at Ooshcare. Please refrain from using the school for any reason during the holidays due to the works that are occurring.

CAROLS NIGHT

Our wonderful band committee are doing the final preparations for the Carols Evening on Friday. There has been an enormous amount of work done in preparation for the event and it would be wonderful to have a large portion of our school community, family and friends come to celebrate with us. This is an opportunity to bring in the festive season with your children and enjoy the wonderful music programs on offer at Forestville. There will be candles, reindeer ears, cakes, sausage sizzle and more, including a beautiful hamper for raffle. So come along and join us from 5.00pm with the carols beginning at 5.30pm. Bring your picnic rug, beach chairs and voices to celebrate with us.



GROWTH MINDSET- EMPATHY– The root of caring and engaged citizenship

Empathy is the ability to recognise, feel, and respond to the needs and suffering of others. It facilitates the expression of caring, compassion, and kindness.

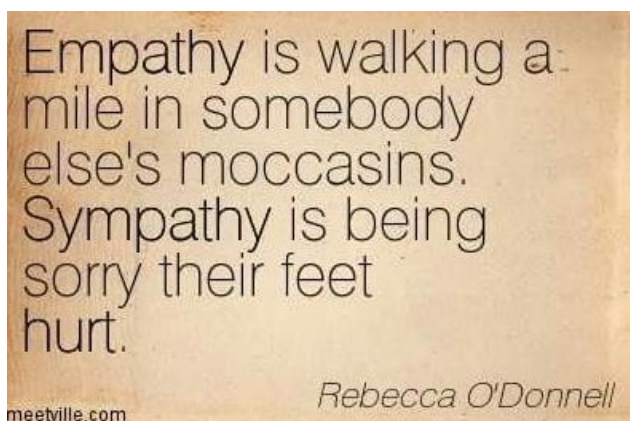
We influence the ability of successful kids to care for others beyond themselves by creating meaningful relationships with them — by ensuring they are seen, felt, and understood regardless of how they learn or achieve at school. When we expose them to different worldviews, engage them in family community-service projects, and show them how to treat neighbours with kindness, we develop higher levels of empathy and compassion.

12 ways to foster **Empathy** in your child.

1. Create a caring relationship.
2. Listen to understand – active listening needs to be practiced.
3. Model and teach a growth mindset.
4. Teach your child to be a giver of kindness, not just a receiver.
5. Instil compassion at home – practice compassion and self-regulation of emotions.
6. Show your children why giving back is important.
7. Expose your children to different opinions and worldviews.
8. Nurture positive citizenship.
9. Help learn from volunteering
10. Lead with empathy, gratitude and kindness.
11. Discuss the purpose of money and giving.
12. Transform gift-giving into lasting family values.

The link will provide more information about why empathy is a key attribute for successful children.

<https://www.rootsofaction.com/empathy-families-children/>



Thank you for your support

Louisa Wellings
Relieving Principal

P & C

Buying Gift Cards online = raising money for our school

Forestville Public have been offered a unique opportunity to raise funds for the P&C through a local Forestville Public School family business this Christmas.

This Christmas (or for any occasion) instead of buying Gift Cards at the Supermarket, we would like to encourage you, your family and friends to buy them online at www.giftcardexpress.com.au

When you do, Forestville Public School P&C will receive 50% of the profit from each gift card sold. All you have to do is enter **PCFCODE** when you buy on www.giftcardexpress.com.au.

Gift Card Express is the largest website of all digital and plastic gift cards in Australia and they will deliver eGift cards to your inbox or have the plastic cards delivered to you or your loved one's door.

The more people who buy Gift Cards from this site using **PCFCODE** in the Promotion Code section means the more funds will be raised for the School's P&C. This potentially can be a great fund raiser for the school, so please tell your family and friends to buy from www.giftcardexpress.com.au

From the Office

STATEMENT OF ACCOUNT

Term 4 Account reminders were emailed to all families with outstanding fees a couple of weeks ago. Prompt payment is appreciated.

SKOOLBAG APP

Please download the SKOOLBAG app to your device to keep up to date with school newsletters and notifications. **Please make sure you are subscribed to your current Year Group and remember to update this in the New Year.**

The following link will assist you with:

- How to find Notices and Newsletters
- How to locate and subscribe to Groups
- How to locate the E forms
- How to find the school's latest notifications
- How to locate archived notifications

<https://skoolbaghelp.zendesk.com/hc/en-us/articles/360000573975-How-to-locate-the-features-in-the-new-SkoolBag-app>

From the Office

Tree of Joy

The Rotary Club of Frenchs Forest is pleased to again sponsor the Tree of Joy at Forestville Public School. The Tree of Joy Christmas Tree is located in the school office foyer. Your donation will brighten Christmas for many less fortunate individuals and families. Please select a card and return it with the wrapped gift/hamper by Thursday, 13 December.



Rotary will distribute all donated gifts to these charities; Bringa (Women's Refuge), Community Health (Mental Health), St Vincent de Paul and Vincentian House (Crisis Accommodation)

Stationary Requirements for 2020

Your child's stationary list for 2020 will be sent home this week and will also be posted on the school website.

Please note that it will be free delivery for orders placed on or before 8 December 2019.

Orders placed after the 8 December will occur a \$12.95 delivery fee.

Student Banking

Our last banking morning will be on **Tuesday 10 December**.

If your child is not already banking and would like to, simply pop into your local branch and open their account and bring along their deposit book to our team of volunteers.

Well done to all our awesome savers this year and a big thank you to our team of Volunteers who have kept it going!

Choir News

Forestville Choirs Upcoming performances and rehearsals

The Forestville Public School Choirs have been busy this term perfecting and learning new songs in preparation for some upcoming performances.

Please look carefully at these dates and note them down in your diary.

Date	Who's involved	Description of event
Wed 4 December	Senior Choir Junior Choir Year 2 Choir	Carols rehearsal with Strings in the hall 7:45am Junior Choir & Year 2 Choir – meet outside canteen at 7:40am 8:15am Senior Choir – meet outside canteen at 8:10am
Thurs 5 December	Junior Choir	9:30am - Junior Choir performing at Sports Assembly
Fri 6 December	Senior Choir Junior Choir Year 2 Choir	CAROLS NIGHT! Arrive 5pm Starts at 5:30pm
Tues 10 December	Senior Choir	9:30am – Senior Choir performing at Years 3-6 presentation day
Thurs 12 December	Year 2 Choir	9:30am – Year 2 Choir performing at Year 2 presentation day

With our new songs and these upcoming performances, it is important that the children are coming to their weekly lunchtime rehearsals. Please remind them of this and encourage them to practice their songs at home.

Miss Brown
Music Teacher

Christmas Carols Night - Friday, 6 December

Forestville Public School Band Presents



A COMMUNITY CHRISTMAS CAROLS NIGHT

**PERFORMANCES BY FORESTVILLE PUBLIC SCHOOL
BAND, CHOIR AND STRINGS ON THE OVAL**

Come along and join us singing Christmas Carols
with a visit from Santa Claus

**FRIDAY 6TH DECEMBER 2019
GATES OPEN AT 5.00PM, 5.30PM START**

**SAUSAGE SIZZLE, SNACKS AND CAKES
REINDEER EARS AND LED CANDLES FOR SALE**
No alcohol allowed on premises

Forestville
PUBLIC SCHOOL
Darley Street
Forestville

ONE AGENCY
THE FOREST

Band News



Forestville Band 2019

CHRISTMAS CAROLS NIGHT Friday 6th Dezember

Forestville Public School's Community Christmas Carols Night is this Friday, 6th December from 5.30pm (gates open at 5.00pm). This is a community event with performances by Forestville Public School's Band, Choir and Strings on the oval. There will be a sausage sizzle, snacks and cakes, reindeer ears and LED candles for sale. There will be a prize for the best Christmas themed dressed band member. Could all band members please remember to bring their cakes for the cake stall (to be delivered to the Canteen Friday morning) and donations for the hamper (to be delivered to the school office) by Friday morning. Thank you.

TEAM APP

We strongly suggest all band families download the TEAM APP and join up – the cost is free and it is a great way to stay up to date with all news and communications. If you need help downloading the app please contact Alison on fpsbands@gmail.com

PERFORMANCE DATES

Sports Assembly - Thursday 5th December 9.30-10.30am Stage Band performance

Christmas Carols Night – Friday 6th December

Yr 3-6 Presentation Day - Tuesday 10th December 9.30-11.00am Concert Band performance

Kindy Presentation Day - Wednesday 11th December 9.30-10.30am Training Band performance

Yr 2 Presentation Day – Thursday 12th December 9.30-11.00am Intermediate Band performance

Hire Instrument Return – Friday 13th December 8.00-9.00am

LAST REHEARSALS FOR 2019

The last Stage Band Rehearsal for Year 6 students will be Wednesday 4th December

The last Training Band Rehearsal will be Tuesday 10th December

The last Concert Band Rehearsal will be Tuesday 10th December

The last Stage Band Rehearsal for Year 5 and new students will be Wednesday 11th December

The last Intermediate Band Rehearsal will be Thursday 12th December

HIRE INSTRUMENT DROP OFF

If you hire an instrument from the school please return your instrument to the school hall between 8am and 9am on Friday 13th December.

REHEARSALS

If you are not able to attend a rehearsal or performance please let your band coordinator know asap so they can forward this onto the conductors, this way they know who will be absent and can plan the rehearsals and performances accordingly.

Band News

Rehearsal times are as per below table:

Band	Rehearsal Day / Time
Intermediate Band	Monday 7.30-8.45am Thursday 3.15-4.15
Training Band	Tuesday 7.30-8.45am
Concert Band	Tuesday 3.15-4.15pm Thursday 7.30-8.45am
Stage Band	Wednesday 3.15-4.15pm

Band Committee fpsbands@gmail.com

Strings News



Term 4

Player of the Week – Charlie Spence



Hello Strings Community;

Senior Strings and Symphony Orchestra performed last Wednesday at the Killarney Community of Schools. See my shaky video of the Symphony performance:

<https://www.dropbox.com/sh/8qbj6zudm1itn7s/AACE9fk9A3pNqUu0MkY5h8Aca?dl=0>

It's **Carols week!** All Groups: Beginners, Juniors and Seniors will rehearse Monday 3.15-4.15pm and Wednesday 7.45-8.45am. No Beginners Rehearsal on Friday. We need to be there 5.00pm for 5.30pm start.

We have enough participants to go ahead with the Sydney Strings Centre **Instrument Rental Program** in 2020. Anyone interested in renting their instruments next year or transferring their existing rental over please get in contact with me ASAP for details. We will be placing an order shortly.

TERM 4 DATES:

Christmas Carols All Groups (with band and choir) Friday 6th December 5.30-7.30pm
Additional All Group Rehearsals for the Carols will be held this week; 3.15 Monday 2nd Dec and 7.45am Wednesday 4th Dec. Choir will be joining us. There will be no beginner rehearsal AM on Friday 6th December.

Seniors Strings Audition: for Junior Strings Wednesday 11th December from 9am
Presentation day performances Week 9: Year 3-6 on Tuesday 10th December Senior Strings performing; Year 1 on Wednesday 11th December Beginners performing and Year 2 on Thursday 12th December Juniors will be performing.

Strings News

Please note that from **next** year (Term 1 Week 1 2020) Junior Strings Rehearsals will be on a WEDNESDAY 3.15pm-4.15pm.

Any questions please contact
Kylie Lake - Strings President
fps.strings@gmail.com ph: 0414 666 711

Uniform Shop

CALL OUT FOR 2ND HAND UNIFORMS!!!!

Summer stocks in our 2nd hand uniform shop are low, if you have any uniforms to donate please leave at office.

We cannot accept hats!

New hats are available in office, for those who need one in a hurry!

New uniforms available online or in store from Pickles, our uniform supplier.

PLEASE CHECK LOST PROPERTY FOR MISSING ITEMS.

Label all drink bottles and lunch boxes with name and class, it makes it easier to return items!

2nd hand Uniforms are available through the school – please contact Bronwyn on 0424 513 527.

ORDER ONLINE

<https://www.pickleschoolwear.com/shop?school=forestville-public-school>

Please note that if order online to be delivered to the school, there is no delivery fee.

Bronwyn Barlin - 0424 513 527

Forest Bites Canteen



Volunteer Roster Weeks 8 & 9

Monday	Tuesday	Wednesday	Thursday	Friday
2 December Dolly M	3 December	4 December	5 December Sophie S Julienne T	6 December Anna A (10.30 onwards) Volunteer needed
9 December Dolly M	10 December	11 December Hazel S	12 December Renee G Volunteer needed	13 December Luci H Lee M Volunteer needed

The canteen will be closed for cleaning from Monday 16 December.

Volunteer needed this Friday - 6 December

If you are able to help in the canteen this Friday, even for an hour first thing in the morning or with bagging all the sushi from 11.30 am, please contact Tania on 0414 528 534 or via email fpscanteen@gmail.com. Any help would be very much appreciated.

Volunteers

If you can't make your shift, please contact other volunteers from the list (2nd page of your roster).

Contact details for the Canteen Managers:

Tania Laytham (Monday, Tuesday & Friday) 0414 528 534

Kim Egelton (Wednesday, Thursday) 0412 254 310

Order online with Munch Monitor

www.munchmonitor.com

School ID: Forestville, **Password:** munch2087

There is an account-keeping fee of \$3.65 per parent per account per term, payable via your online account. For assistance, contact help@munchmonitor.com, call 1300 796 190 or visit us in the canteen.

Forest Bites canteen is proudly sponsored by McGrath Forestville

McGrath

Community News



**O'GRADY
DRAMA**

**we don't just teach
drama, we teach life!**

After-school drama classes that will make the world their stage.
join a class in 2020

☎ 0450 107 367
✉ sydneyntbeaches@ogradydrama.com.au
🌐 ogradydrama.com.au



CREATE SOMETHING GREAT!

**bricks
4 kidz**

CREATIVE KIDS
sydney northern beaches

Summer Holiday Workshops
Collaroy - Balgowlah - Forestville

Bricks4kidz.com.au/sydney-northern-beaches 0476 884 100



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FRENCHS
FOREST**

**SAVE EXTRA
\$25**
Use code:
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9am - 3pm each day.
High quality sports program
for 6 - 16-year olds delivered
by expert coaches and guest
appearances.

CRICKET - Frenchs Forest
Lionel Watts Reserve
January 6, 7 & 8 2020

Call 1300 914 368 or email
admin@australiansportscamps.com.au
to book or for more information.

Piano
Small Group piano lesson at
Forestville Public School
Enrolment students for 2020
Lesson at school since 2003



Use our **special piano book** with
Digital Piano, learn piano **easily** and **fast**
Cost \$27 per 45 min Pay by Term, start lesson to
end of term. **Piano Book (\$14)**
Creative Kids Voucher Available

New Students 1st lesson free
K/G to Year 8, Teacher pick up

Wednesday 8:00-8:45. 12:25-1:35. 3:15-4:00
At School Music

Email: je-music@live.com.au + Mobile
School & child name
Or SMS: 0424 614 591 + School and child Name.

Community News

Nic and Skye Jeffries invite you to

JAM's Beginner Open Day



Saturday 7 December 1pm – 3pm

Meet members of the JAM team, explore the facilities and play some music

FREE entry | Families welcome!

Shop 2a 25 Tramore Place Killarney Heights
www.jam.nsw.edu.au | 8054 8700

BOOK NOW

SPLASH CITY SUMMER CAMP

JANUARY 2020

EXPERIENCE THE COOLEST CAMP ON THE PLANET

KINDY - YEAR 6 **8:30AM - 3:30 PM DAILY**

GET MOTIVATED DURING THE JANUARY 2020 SCHOOL HOLIDAYS AT OUR 2-DAY SUMMER CAMP.

LET US BRING THE BEACH TO YOU WITH OUR WILD WATER SPORTS PLUS OUR USUAL SERIES OF TRADEMARK SPORTS

KILLARNEY HEIGHTS HIGH
 STARKEY STREET KILLARNEY HEIGHTS
 15 & 16 JANUARY

NBSC SENIOR CAMPUS
 HARBORD ROAD FRESHWATER
 22 & 23 JANUARY


EARLY BIRD OFFER
SAVE 10%
 OR
 USE YOUR 2019 CREATIVE KIDS VOUCHER BEFORE DEC 31

BOOK NOW
MOTIV9SPORTS.COM.AU
 0402 281 842



PHILIP PULLMAN'S GRIMM TALES

Adapted for the stage by Philip Wilson



An immersive theatre experience for 5-12 year olds
 15 Jan - 22 Feb 2020
 9.30 am, 11.30 am, 1.30 pm daily
 Glen Street Theatre, Belrose

TICKETS \$20 - \$25
BOOK NOW
glenstreet.com.au | 9975 1455
 Transaction fees may apply

MSTYP MARIAN ST THEATRE FOR YOUNG PEOPLE
Glen Street Theatre
St Ives Inspiring Stage
 In association with Nicky Harris Books

BE PART OF OUR TEAM

SHARPEN YOUR SKILLS, MAKE FRIENDS FOR LIFE AND BELONG TO A SPORT YOU'LL LOVE.
 PLAY NETBALL AT WAKEHURST NETBALL CLUB.



WAKEHURST
Netball Club

GAMES ARE PLAYED
 Saturday's at John Fisher Park Curl Curl.

DIVISIONS
 NetSetGo (8 and 9) Juniors (10 to 15), Cadets (16 to 18) and Seniors.

REGISTRATION OPENS
 1st January 2020

ALL REGISTRATIONS ARE DONE ONLINE AT
www.wakehurstnetball.com.au

Active Kids Voucher can be used at time of registration only.
 Enquiries to secretary@wakehurstnetball.com.au

netball  

Vacation Care Fun Children's Services



**Bookings for Summer 2020
school holidays open soon!**

Thu 19 Dec – Tue 28 Jan, 7:30am – 6pm
Cromer, North Curl Curl, Forestville &
Manly Vale

We have some sizzlin' hot activities this summer with lots of exciting excursions and a heap of action planned in-centre activities to keep children happy and occupied.

We are open before Christmas and offer care all through to the Pupil Free Day in January.

Daily fee is \$72 (Child Care Subsidy available)

Also on offer these holidays.....

Pre-school vacation care at Manly Vale

Is your child about to start primary school in 2020? Get in quick to secure a spot for our popular pre-school vacation care program in Manly Vale.



www.northernbeaches.nsw.gov.au
vacationcare@northernbeaches.nsw.gov.au
Ph: 9942 2312

Live Life Well @ School

BUS & ROAD SAFETY



**Children are most at risk in the minutes
after getting off the bus.**

To improve safety:

- Wait until the bus has gone, then use a **safe place to cross** e.g. school crossing
- Model safe pedestrian behavior. **Stop! Look! Listen! Think!** every time you cross the road and keep checking until safely across.
- Up until at least 10 years old, **supervise** closely and **hold your child's hand** when crossing the road.

For more tips, click on
'Staying Safe' -> 'Schools' at
Roadsafety.transport.nsw.gov.au



Health
Northern Sydney
Local Health District



Junior
SCIENCE ACADEMY

**BLAST OFF INTO THE WORLD OF
STEM at MACQUARIE UNIVERSITY**

**Join our exciting science, technology, engineering and maths
programs for Years K- 7 during the school holidays in December
and January.**

- Class topics include robotics, learning about dinosaurs, flight, astronomy, volcanic eruptions, DNA, maths, how to analyse blood for diseases & why animal poop is so fascinating! And many, many more.
- Our classes are designed to teach concepts through experiments, art, drama, physical activity, craft & other hands-on activities.
- New courses are always added & all-time favourites are rotated each school holidays.

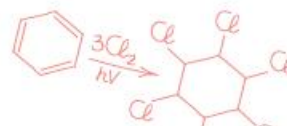
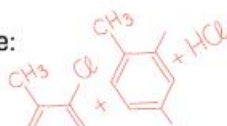


**Creative Kids
vouchers (value
\$100) can be
claimed for any
robotics or coding
class. Apply
through
ServiceNSW for
your child's
voucher.**




Drop off	8.30am – 9.30am
Activities	9.30am – 4.30pm
Pick-up	4.30pm – 5.30pm
Cost	\$126.50

**Want more information? Visit our website:
mq.edu.au/about/holidays**



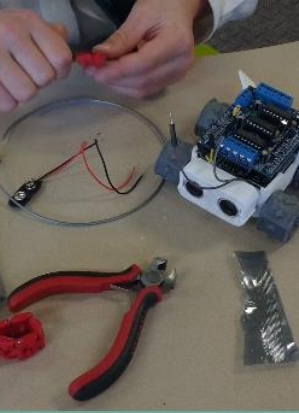
2020




code2make


Calling all
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Computer Aided Design
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Before-school workshops
FPS Steam Hub
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Y5-6 Y4-5 Y3 Y2





REGISTER
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INTEREST
NOW

Want to know more/ register?  

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IT'S TIME TO
SHINE
IN A
DIFFERENT
LEAGUE





Play League Stars at Ferrets in Feb 2020

Fun fitness program designed to keep kids smiling and sweating....



4 weekly sessions Tuesdays from 4-5pm
Starting Tuesday 4/2/20. Concluding 25/2/20.
Costs \$49 per child. Each session run by
qualified League Stars coaches. Join us at
your local junior league club – Forestville
Ferrets – End of Currie Road, Forestville.



playrugbyleague.com

Visit www.forestvilleferret.com.au for more information

Christmas
at the Centre
Forestville

Saturday 7 December, 10am - 12pm





northern
beaches
council

Christmas at the Centre
Forestville

Saturday 7 December, 10am - 12pm

Celebrate Christmas at The Centre with
festive family entertainment.

Jump in a photobooth with Santa, get
creative in a Christmas craft workshop
and meet our roving elves who will be
handing out sweet treats.

Enjoy live music and carolling while
doing your Christmas shopping locally
at The Centre.

The Centre, Forestville

Free

Enquiries: Place Coordinator on 9970 1399

Bookings: northernbeaches.nsw.gov.au