

# The Forestville Flyer

Monday, 30 November, 2020

Term 4 Week 8

Address: 7 Melwood Ave, Forestville, 2087 Ph: 9452 5444 Email: [forestvill-p.school@det.nsw.edu.au](mailto:forestvill-p.school@det.nsw.edu.au)  
Website: [www.forestvill-p.schools.nsw.edu.au](http://www.forestvill-p.schools.nsw.edu.au)

## DATES TO REMEMBER

Mon 30 Nov	Last P&C Meeting for year – 7pm Held at the Forestville RSL	Mon 14 Dec	Picnic Day for Kindy, Stg 1 and 2
Wed 2 Dec	Year 6 Lunch	Tue 15 Dec	Picnic Day Stage 3
Thu 3 Dec	Sports Assembly Yrs. 3-6	Tue 15 Dec	Forest Idol
Mon 7 Dec	Year 1 Presentation Day	Wed 16 Dec	Year 6 Graduation
Tue 8 Dec	Yrs. 3-6 Presentation Day	Wed 16 Dec	Last Day for Students
Thu 10 Dec	Year 2 Presentation Day	Fri 29 Jan	Years 1 – 6 return to school
Fri 11 Dec	Kindergarten Graduation Day	Wed 3 Feb	First day for Kindergarten 2021
Fri 11 Dec	Year 6 Dinner Dance	Thu 4 Feb	Swimming Carnival

## Principal's Report

### CRAZY COLOUR FUN RUN

**What a day we had last Friday!** Every student and all staff were covered in colour and water, and were involved in the activities across the school with incredible enthusiasm and loads of laughter. It was truly wonderful to observe students playing and enjoying themselves to the maximum. It was a super successful fundraiser for the school, raising a massive amount in excess of \$54,000. What an achievement for our fantastic community. Our students will benefit with improvements to the school which will happen in conjunction with the P&C in 2021.

I would like to thank you all for getting behind this initiative, for your support in gaining sponsorship for your children and for the supply of resources for the day. A special thank you to the Adamo family for supplying the balloon corridor, the students loved it. Also to Tania Gonzalez for being the photographer. Your photos are wonderful.

There was a resounding 'This is the best day ever!' from many students and I'm sure they were exhausted after expelling a massive amount of energy during the day last Friday. It's truly amazing what our community can do when we work together. We will put a 'Colour Run' showcase on the website, as soon as we are able, for you to share with your children.

I would like to say a special thank you to the staff at Forestville for getting behind this Fun Run for our students. It's been a massive year for us all but their willingness to hold this event and put in all the preparation and work was second to none. This collaboration between community and staff is why the culture at Forestville works for our students. I know the students will remember their 2020 Colour Run as something that topped a very difficult and unpredictable year.

Student prizes are currently being processed and will be at Forestville in Week 9. I will send a skoolbag notification when I receive the date for delivery to students.



## **SPORTS PRESENTATION DAY – THURSDAY 3 DECEMBER**

Information was sent out last week about each presentation day so families of students receiving awards can attend. We would like to thank you for your cooperation and for following our guidelines for this event. We are so glad that we can have parents present to see these awards presented to students and appreciate your understanding of the associated restrictions.

## **LEADERSHIP POSITIONS**

I would like to congratulate all students in Year 5 for their exemplary behaviour and role modelling during the Leadership Program and resulting elections. This is the first time students are exposed to the rigours of elections and the nomination and voting procedures. They also must learn to accept the outcomes of these elections by either accepting a position with grace and humility, congratulating their peers or accepting disappointment. All of these skills are necessary for their growth and development into their teenage years and adulthood, and we congratulate this year's group for their fine attitude. There will be more positions available in 2021 with the library and technology roles, the flag and sound technician roles, the debating and public speaking teams and more.

## **HOME READERS LIBRARY BOOKS AND RESOURCES**

Please return all home readers to school by the end of this week as we need to complete a stocktake of our resources. Other school resources, which students may have borrowed, can be returned at the same time. It is important that we have our resources returned as we need to move into 2021 with adequate supplies for the students moving into their next grade.

## **LEAVING FORESTVILLE?**

The planning process for 2021 is already underway and it would be appreciated if any families that will not be returning to FPS, besides those of our Year 6 children, let the school office know of your plans as soon as possible.

## **KINDERGARTEN FAIRY TALE DAY**

Our Kindergarten classes had a fairy tale day last week where they dressed up as their favourite character. What joy it is to be in Kindergarten and enjoy all that fairy tales offer. Thank you to parents for getting involved and to staff for putting the day on.



## GROWTH MINDSET – 4 More tips to give effective feedback to your child.

### 4 ASK FOR PERMISSION AND GIVE CONTROL

Start by **asking for permission**.



I have some information that could be helpful.  
How open are you to hearing it?

I would like to give you some advice. It's just  
information and it's up to you what you would like  
to do with the information.



### 5 FOCUS ON THE PROCESS



Praise the **effort and hard work**  
that went into their successes,  
and celebrate mistakes as an  
opportunity to learn.

### 6 FOCUS ON ACTIONS, NOT THEIR PERSONALITY

Give them **feedback on their actions**...



“What you said  
sounded rude to me.”

rather than their **personality**....

“You're always  
so rude!”



### 7 MODEL IT

**Set up a task** your child can evaluate you in.

Be playful, and allow  
them to judge you on  
specific aspects of  
your job.



Actively seek out  
feedback with  
questions such as  
“What could I do  
better next time?”

Your knowing how to  
manage criticism  
shows your child how  
to skillfully manage it  
too.



You can access more information using the link below.

[Big Life Journal - Effective Feedback](#)

Thank you for your support

**Louisa Wellings (Relieving Principal)**



**The Rotary Club of Frenchs Forest is pleased to again sponsor the Tree of Joy at Forestville Public School.**

**Rotary is grateful for the School's enthusiastic co-operation with this project.**

**Please select a card and return it, together with the wrapped gift/hamper, to the School Office by:  
Thursday 11th December.**

**Rotary will distribute all donated goods to these charities**

**Anglicare  
Bringa (Women's Refuge)  
St Vincent de Paul  
Vincentian House (Crisis Accommodation)**

**Your support will brighten Christmas for many less fortunate individuals and families.**

**We wish you a Merry Christmas.**

**P & C - Meeting 7.00 pm tonight**

The final P & C Meeting for the year is being held at the **Forestville RSL at 7.00pm tonight.**

All welcome.

## Online Enrolment

We are excited to announce our new Online Enrolment system which is now available to use.

The Online Enrolment System is designed to provide flexibility for our parents to submit an enrolment application online and at the time that best suits you. The application can be accessed on all browsers and mobile devices including iOS and Android.

The online application process is currently restricted to

- Within local intake area
- Enrolments into NSW **local** schools only
- Children who are Australian citizens, New Zealand citizens or permanent residents

We encourage you to complete your application to enrol online. The link can be found on our school website under the Enrolment Tab. Then click on Apply For Enrolment Online. However, a paper copy will be available for collection from the office or can be downloaded from the Department's [going to a public school site](#).

## From the Office

As classes are currently being formed for next year, it is very important to be aware of the movements of our students. If your child will not be attending Forestville next year, please email the school at your earliest convenience.

If you have any changes to your email address, please email the school on

[forestvill-p.school@det.nsw.edu.au](mailto:forestvill-p.school@det.nsw.edu.au).

## New After School Care – the Y NSW

### Enrolments are open for the Y Forestville OSHC

We are offering Before and After School Care in the OSHC rooms at Forestville Public School. There are currently vacancies, but we would encourage those interested to enrol quickly to secure their place.



The Y NSW will be offering Vacation Care for Forestville Public School families and the wider community from the December holidays.

The enrolment process is the same for Vacation Care as it is for Before and After School Care.

Our Child Care Team is also available to answer any of your questions. Just email [oshc.forestville@ymcansw.org.au](mailto:oshc.forestville@ymcansw.org.au) or call 8123 2395.

Enrolments are also open and more information can be found on our website: [www.ymcansw.org.au/centres/forestville-oshc](http://www.ymcansw.org.au/centres/forestville-oshc)

# Dancesport

What an achievement for our Year 5 students!

After 15 weeks of ballroom dancing lessons with the wonderful Miss Ieva, our Year 5 students were ready to compete in the annual Dancesport Confidence event which was filmed last Monday here at school. Although it was run a little differently this year, it was fantastic to see all students embrace the event with such enthusiasm! All students should be proud of their efforts.

We are looking forward to sharing some videos of the event with you soon!

**Mrs Burdett**

## Student Reflection

Hi our names are Lily and Aylish and we are a part of the school Dancesport program. We have both thoroughly enjoyed having the privilege of competing in the Dancesport event for 2020. Dancesport has been very fun for both of us as it is that not every day you get to do ballroom dancing. I loved practicing every week and learning new dances. My favourite dance (Lily) is the Tango because I like the style of music and the way you dance when you perform. My favourite dance (Aylish) is the Jive because I love the music and the rhythm and how it's so energetic. It is a very social activity because boys and girls don't usually hang out that much and Dancesport is a way to bring you together. I would 110% recommend this activity because at the end of the day you've learnt something new!



## Return and Earn

"We would love your help to support our children with their Return and Earn project - all proceeds go to funding school equipment. All you need to do is pick up some tubs filled with recyclables that the children have sorted and take them to the Return and Earn station. We need one volunteer per week. This is great fun to do with the children - they love it!

Please click here to sign up. **Note, this is a new link as the previous link did not work.**

<https://docs.google.com/spreadsheets/d/1ndg1hbO9MrDIodFQ3UpjhjZ85Fb2cH26rfJMyXbbob0/edit#gid=0>

There is a link to more information on the sign up sheet.  
Let me know if there is any further information you require.

**Regards**

**Teira Jansen**

[teirajansen@hotmail.com](mailto:teirajansen@hotmail.com) 0412 988 264

## Return and Earn – Donation option



FPS has recently been added as a donation option to two local return and earn machines. This means whenever you drop off your bottles and cans for recycling you can donate directly to FPS! Simply return your containers at either the Glenrose shopping centre or Belrose Supa Centre return and earn machines. Select the “Donate” option at the end of your session. You will then be able to select FPS to donate to. Press the “Confirm” button to donate. Please note 100% of the money you donate will be given to FPS. All money received goes towards FPS P&C for student resources. This initiative will run until mid February.

**Leanne Steggles**  
**Class Teacher**



# Do something life-changing today

**For around an hour a week, you can teach an ethics class at Forestville Public School and help children, our future leaders, develop skills for life.**

Ethics classes support children to develop the skills they need to voice their opinions, consider the ideas of others and to make decisions based on evidence and reasoning rather than habit or peer pressure.

In ethics classes volunteers help children discuss ethical issues using an approved curriculum designed for each age group and include topics such as: Laziness; Voting; How can we work out what's true?; and, Imagining how others feel.

Classes are 30 minutes in length and start at 9AM on Thursdays (for years 3 to 6) and Fridays (for kindergarten and years 1 and 2). Comprehensive training, access to lesson materials and classroom support are all provided. Previous teaching experience is not required.

This year we were able to offer ethics classes for only 4 out of the 7 years at FPS and even those classes had a number of students waitlisted and unable to attend an ethics class. **WE NEED MORE VOLUNTEERS!** If you, or anyone you know, might be interested (eg grandparent, neighbour) visit [PrimaryEthics.com.au](http://PrimaryEthics.com.au) or contact the FPS co-ordinator, Andrew Kent, at [andrew@reality.com.au](mailto:andrew@reality.com.au) or on 0402010648 to find out more.

# Strings



Term 4



Hello Strings Community

We had a nice turn out for Beginners Rehearsal last Friday, I hope that helped in deciding what instrument that you need. If you'd like to **hire an instrument next year**, let me know ASAP.

**2021 Chamber Orchestra** (Thursday's 3.45pm) has a couple of spots available to senior strings students, please read the Teamapp communication regarding this if you are interested.

If you're interested in next year's **Guitar Group** we now allow competent Ukulele players if approved by Miss Brown. Student's in Year 4-5-6. Contact me for further information.

The Strings Program is open to including a **competent Pianist/s** (about level 4) as part of the Senior Strings groups. If you are interested (or know of someone) in auditioning for either our Wednesday morning or a Thursday afternoon groups get in contact for details.

Week 9 will be the **last week** of rehearsals.

**Pip's Player of the Week:** Abby H – 2B

## 2nd Hand Instruments for Sale:

Instrument	1/4 Violin: Enrico Student Plus II purchased from Mona Vale Music (2017)	1/2 Violin: Kreisler #120	1/8 Violin Kreisler
Description	This was the recommended model for beginners at FPS at that time. Comes with Everest shoulder rest, bow and case. Excellent condition - looked after very well (by one owner). Only a few very minor scratches.	New sells for \$575 at Sydney Strings Centre. Warm, mellow tone. Comes with 2 bows, pink Everest shoulder rest, and case. Originally bought from Sydney Strings Centre, it has been used by several Senior Strings Group students. Good used condition (minor scratches)	Purchased and serviced through Sydney Strings Centre. One owner only.
Price	\$130	\$200	\$200
Contact	Tiina 0402 976 996 tjaaniste@hotmail.com	Tiina 0402 976 996 tjaaniste@hotmail.com	"Elizabeth 0430 227 623 egraetz@yahoo.com.au"

Any questions please contact  
**Kylie Lake - Strings President**  
**fps.strings@gmail.com ph: 0414 666 711**

# Band News

## Forestville Band 2020



### 2021 BAND COMMITTEE

We are looking for new committee members to join our committee for 2021. One of the roles we are looking for is Treasurer as Carolyn will be stepping down at the end of 2020. If you are interested in volunteering for this role or any other roles within the Band Committee please email [psbands@gmail.com](mailto:psbands@gmail.com) thank you.

### UPDATES

Please keep up to date with any notices from The Band Committee which will come through TeamApp.

### 2021 Training Band Offers

2021 Training Band Offers went home in week 6 and an email was sent with upcoming Zoom meeting details (7th December 8pm) and online Acceptance form. Very excited for our new musicians!! Please email [fpsbands@hotmail.com](mailto:fpsbands@hotmail.com) if you did not receive the email.

### DATES FOR 2020

At the moment, all events have been postponed or cancelled for 2020. The Band Committee will send through any updates on the TeamApp.

### Band rehearsal times:

Band	Rehearsal Day/Time Week 2 onwards
Training Band	Tuesday 7.30-8.45am
Intermediate Band	Monday 7.30-8.45am Thursday 3.15-4.15pm
Concert Band	Tuesday 3.15-4.15pm (Not Tuesday, 10 Nov) Thursday 7.30-8.45am
Stage Band	Monday 3.15-4.15pm

Band Committee [psbands@gmail.com](mailto:psbands@gmail.com)

## Uniform Shop

All NEW uniforms can be bought online from Pickles or their store at Brookvale.

### ORDER ONLINE

<https://www.picklesschoolwear.com/shop?school=forestville-public-school>

Online orders have no delivery charge if delivered to the school.

There are new hats available at the office for \$10.

## SECOND-HAND UNIFORM SHOP

Due to non-essential visitor restrictions from the Department of Education we now have office staff looking after your second-hand uniform needs. Please phone or send an email to the school on [forestvill-p.school@det.nsw.edu.au](mailto:forestvill-p.school@det.nsw.edu.au).

Note that we accept CASH ONLY and all items are now only \$5.  
Any uniform donations can be left at the office and are very welcome.

## Canteen

### Forest Bites Canteen



#### Volunteer Roster - Weeks 8 and 9

Volunteers are allowed to come into the canteen but must complete a covid form. If you are feeling unwell, please let us know you are unable to come in.

Monday	Tuesday	Wednesday	Thursday	Friday
30 November Franziska G	1 December	2 December	3 December Sophie S Julienne T	4 December Lucy Q Sam P
7 December	8 December	9 December	10 December Renee G Farheen A	11 December Rebecca D Michelle M
14 December CLOSED	15 December CLOSED	16 December CLOSED		

If any families are leaving Forestville at the end of this year, please email Munchmonitors to close your account and obtain a refund of any funds still remaining in your account.  
[info@munchmonitor.com](mailto:info@munchmonitor.com)

#### Order online with Munch Monitor

[www.munchmonitor.com](http://www.munchmonitor.com)

**School ID:** Forestville, **Password:** munch2087

There is an account-keeping fee of \$3.65 per parent per account per term, payable via your online account. For assistance, contact [help@munchmonitor.com](mailto:help@munchmonitor.com), call 1300 796 190 or visit us in the canteen.

#### Volunteers

If you can't make your shift, please contact other volunteers from the list (2<sup>nd</sup> page of your roster).

Contact details for the Canteen Managers:

Tania Laytham (Monday, Tuesday & Friday) 0414 528 534

Kim Egelton (Wednesday, Thursday) 0412 254 310

# Community News

J&E PIANO MUSIC CENTRE IS TAKING ENROLMENTS NOW!

## SMALL GROUP PIANO LESSONS

### Piano lesson 2021

Forestville Public School

LEARN PIANO IN A FAST AND FUN WAY WITH OUR OWN EXCLUSIVE PIANO MUSIC BOOK FOR any level

\$27 for 45 min lessons. 1<sup>st</sup> trial lesson free. Pay by Term New Piano book for sale \$15



NO REFUNDS 2 WEEKS NOTICE

Small Group Lessons at 2Z Room on Monday  
8-8:45. 1-1:45 or 3:15-4:00.  
Pick up  
From after school care available

SMS to 0424 614 591 Or  
Email:  
[johnyyoung@hotmail.com](mailto:johnyyoung@hotmail.com)  
include School + Child's name  
We accept Creative Kids Vouchers \$100

ENROL ALL YEAR AROUND

Everyone makes a team!

**2021 CHEERLEADING TRYOUTS**  
**SUNDAY 13<sup>TH</sup> DEC 2020**  
**FROM 9AM TO 12.45PM**  
**CHECK OUT TIMES FOR EACH LEVEL**

**PLEASE REGISTER ONLINE**  
**AUSSIEGEMS.COM.AU**  
**FRENCHS FOREST NSW**

# School holiday

**ACROBATICS AND GYMNASTICS PROGRAM**

<b>Times:</b>	Half Day 9am - 1pm	Full Day 9am - 3:30pm
<b>Ages:</b>	4+	
<b>Place:</b>	5A /106 Old Pittwater Rd, Brookvale	
<b>Cost:</b>	Half Day \$45	Full Day \$70

**DECEMBER**

MON	TUE	WED	THU	FRI
21	22	23		

Pick your day or days!

Please bring your morning tea, lunch and drink bottle with you. Wear sporty clothes.

[info@aagi.com.au](mailto:info@aagi.com.au) / [www.aagi.com.au](http://www.aagi.com.au)  
or call on 9938 2017



Sing Your Heart Out  
Holiday Workshops

A high-quality singing workshop with experienced, fun, and inspiring singing teachers! Learn how to sing solo, sing in a group, beat-box, build your confidence, and perform on stage!

**Monday 18<sup>th</sup> to Wednesday 20<sup>th</sup> January (3 days).** St Kieran's Parish Centre, 2 King St Manly Vale. For children aged 5 to 12 years.

For more information and to enrol, call Natasha on 0425 297 827 or visit [SYHO.INFO](http://SYHO.INFO)

## Community News



**Presto**  
INSTRUMENTS

NEED TO HIRE AN INSTRUMENT FOR SCHOOL BAND OR LESSONS?

Presto Instruments is a Sydney based company that rents out premium pre-loved musical instruments at competitive prices.



### PRICES

Trumpet	\$45/month
Clarinet	\$45/month
Flute	\$45/month
Trombone	\$55/month
Saxophone	\$65/month
Bass Guitar + amp	\$55/month

Rent  
Now

sales@prestoinstruments.com.au



www.prestoinstruments.com.au

## Saxophone tutor

I'm a year 10 highschool student available to tutor alto sax students from beginner level to 1-2 years experience.

**\$25 per half hour**

Contact details:  
0444532255  
natashab23@rosevillecollege.com

NATASHA - lessons taught in Killarney Heights

# Summer Holiday Camps

4<sup>th</sup> December 2020 — 29<sup>th</sup> January 2021

THE FOOTBALL FACTORY .com.au

Join our Holiday Camps and play soccer indoors on grass

**CAMPS FILL FAST, SO BOOK NOW!**

Here at the Football Factory we acknowledge the necessity to focus on the development of an individual's skills. It is important that children have fun whilst they learn new skills, and that's why we've tailor made our school holiday camps to be both fun and engaging!

- Professionally qualified & engaging FFA & AFC coaches.
- Learn new tricks, skills and techniques to improve your overall ball mastery and game play. We will teach you how to execute a 'Zidane Turn', 'The Socrates', 'Rabona', 'Maradona Spin', 'Cryuff Cut', 'Ronaldo Chop', or learn how to do a 'Rainbow Flick'!
- Each day has a different 'Football Focus'. Tricks, skills and moves relevant to the daily focus will be taught.
- Build your child's confidence and self-belief in a nurturing, and fun environment where they can improve their skillset. This leads to more creative players on the football field.
- Play football, no matter what the weather, in your boots!
- Finish the day with Laser football!
- Clean and safe environment where individual needs are catered to.



**DECEMBER  
12TH 2020**

# SYDNEY ID CLINIC

VILLARREAL  
**SYDNEY ACADEMY**

- SELECTED PLAYERS WILL BE PART OF THE VILLARREAL SYDNEY  
ACADEMY PROGRAM IN 2021.

- 4 PLAYERS WILL BE SELECTED FOR OUR ONLINE PLAYER  
DEVELOPMENT PROGRAM WITH VILLARREAL CF COACHES IN SPAIN.

AGES  
**U8 to U14**

Contact us at:  
info@villarealsydney.com  
Phone: 0452241145

Register:  
www.villarealsydneyacademy.com.au



Location:  
St Ives Showground (450 Mona Vale Rd,  
St Ives, NSW 2075)



# FOREST GIRLS TRY RUGBY



Girls Try Rugby is the perfect program for girls wanting to try Rugby while having fun in a safe and social environment. With non contact drills, games and special female guests make sure you, your friends and your sisters register for this free event.

OPEN TO ALL GIRLS AGED 8 TO 16  
FRIDAY 4 DECEMBER - 6.30PM TO 8.00PM  
FOREST RUGBY CLUB, MELWOOD OVAL

For further details:  
<https://www.trybooking.com/BMRPR>  
or contact Mel Dwyer - 0404 894 779

# Oliver! JR!



JOIN THE MUSICAL CAST OF  
OLIVER JR



**ALL KIDS 7-12 YRS ARE WELCOME! NO EXPERIENCE NECESSARY**

WE CREATE HAPPY, CONFIDENT & FULFILLED KIDS THROUGH THEATRICAL EXPERIENCES

6 SYDNEY LOCATIONS FOR 2021  
Allawah / Bellevue Hill / Forestville / Parramatta / Stanmore / Smeaton Grange



**WWW.MUSICALMAKERSCLUB.COM.AU**  
0466 149 572 / HELLO@MUSICALMAKERSCLUB.COM.AU

# BE PART OF OUR TEAM

SHARPEN YOUR SKILLS, MAKE FRIENDS FOR LIFE AND BELONG TO A SPORT YOU'LL LOVE. PLAY NETBALL AT WAKEHURST NETBALL CLUB.



**WAKEHURST**  
Netball Club

#### GAMES ARE PLAYED

Saturday's at John Fisher Park Curl Curl from April 2021.

#### DIVISIONS

NetSetGo (8 and 9) Juniors (10 to 15), Cadets (16 to 18), Seniors and Over 35's.

#### REGISTRATION OPENS

1st January 2021

**ALL REGISTRATIONS ARE DONE ONLINE AT**

[www.wakehurstnsw.netball.com.au](http://www.wakehurstnsw.netball.com.au)



Active Kids Voucher can be used at time of registration only. Enquiries to [secretary@wakehurstnetball.com.au](mailto:secretary@wakehurstnetball.com.au)

**Lifeline** Saving Lives

Crisis Support. Suicide Prevention.

# GIANT BOOK FAIR

**Brookvale**  
St Augustine's College  
Federal Parade

## December 10-13

Thursday 11-7, Friday 9-7,  
Saturday 9-5, Sunday 9-3

**MANLY WARRINGAH BASKETBALL**

## JANUARY HOLIDAY CAMP

COME ALONG AND LEARN BASIC, FUN SKILLS

**DATES: 20, 21 & 22ND JANUARY, 2021**

**TIME: 5 to 9 Yrs old 9:00 to 12:00pm**

**10 to 14 Yrs old 1:00 to 4:00pm**

**VENUE: Northern Beaches Indoor Sports Centre**

**AGES: broken into age groups**

**COST: \$105 (if camp is cancelled, total refund)**

**NO SINGLE DAYS MUST PAY FOR 3 DAYS**

PLEASE BRING LIGHT SNACKS & WATER

Due to Covid-19 restrictions there will be limited numbers, & no spectators. MWBA Will provide sanitised balls on the day. No balls to enter the stadium.

**HTTSPS://WWW.TRYBOOKING.COM/BMZIY**

## MWBA PINK BALL

TERM 1 2021

FOR GIRLS TO TRY WHO WOULD LIKE TO LEARN BASKETBALL SKILLS WITH FEMALE COACHES.

**DATES: SAT 6th Feb to 27th March, 2021**

**TIME: 1:30-2:30 PM**

**VENUE: NORTHERN BEACHES INDOOR SPORTS CENTRE**

**COST: \$100 INCLUDES A PINK BALL**

Only 40 tickets available due to covid restrictions.  
Active kids vouchers welcome.  
Please email voucher to: [media@mwbabasketball.com.au](mailto:media@mwbabasketball.com.au) with your child's DOB and a code will be sent to you to void payment.  
To Book: <https://www.trybooking.com/BMTPR>

**BASKETBALL AUSTRALIA'S OFFICIAL JUNIOR GAME DEVELOPMENT PROGRAM FOR 5-10 YEAR OLDS AND THEIR FAMILIES**

**VENUE AUSSIE HOOPS**

Venue Certified Aussie Hoops is all about learning to play basketball in a fun and safe environment. Our national coaching curriculum and community development program consists of warm-up games, skill activities and modified games all delivered by accredited coaches. We invite you to explore our website and welcome you to the Australian basketball community.

**REGISTER NOW**

**No Spectators Limited Numbers**

**Dates: Sunday 7th Feb to 28th March, 2021**

**Time: 9:00-10 am**

**Ages: 5-10 years old, boys & girls**

**Cost: \$180 New Participant (includes \$45 starter pack +phs) \$110 Returning Participant**

**Venue: NBISC, Jacksons Rd, Warriewood**

**Head Coach: Jerome Lee**

**Booking: <https://aussiehoops.com.au/ind-a-program>**

Learn the skills of Basketball in a fun learning environment with qualified coaches.

Every Saturday during the school term.  
Must pre-book.  
Booking closes 2pm, Friday before session.

**Ages: 5-12 yrs 2:30-3:20**  
Broken into groups according to age and ability.

**Venue: Northern Beaches Indoor Sports Centre**

**Cost: \$12 per week or \$90 for 8 weeks...**

**Saturday Learn To Play**  
TERM 1 2021: 6TH FEBRUARY TO 27TH MARCH 2021

To Book: <https://www.trybooking.com/BMTQA>

## ST. DAVID'S CHRISTMAS KIDS CLUB

JOIN US FOR CHRISTMAS FUN ON THE 17TH OF DECEMBER.

WE WILL BE SPENDING TIME HEARING FROM THE BIBLE, PLAYING GAMES AND MAKING CHRISTMAS CRAFT

**Who: Kids in Kindy to year 6 (in 2020)**

**When: 17 December 9am-3pm**

**Cost: \$20 per child (up to a maximum of \$50 per family)**

Please BYO lunch  
Morning tea and afternoon tea will be provided  
Spaces are limited

To register please copy the link below  
<https://bit.ly/32AQ8Ea>

This is a COVIDSafe event

If you have any questions please contact  
[office@stdavids.com.au](mailto:office@stdavids.com.au)  
Rachel 0478909499

**This summer, your kids can fire up their imaginations and keep their hands and minds busy at our popular school holiday programs.**

#### **Holiday gymnastics and swimming programs**

Kids can bounce, balance and tumble around the gymnastics hall, or jump in the pool with our swimming classes which range from learn-to-swim to more advanced levels (4 to 15 years of age). Individual and group lessons/clinics are available.

#### **Vacation care**

Our vacation care program has something for everyone: indoor and outdoor activities and excursions, arts and crafts, drama, cooking and games. It's hands off devices and hands-on fun.

#### **Junior Science Academy**

Switch on their curiosity at our Junior Science Academy with fun, hands-on experiments in classes for students from kindergarten to Year 6.

#### **RoboCamps**

Build robots and learn to drive them with the Thunder Down Under robotics team. Fun, educational and professionally run, these classes are ideal for children in Years 1-7. **Creative Kids vouchers** (value is \$100) can be claimed for any robotics or coding class. Apply through ServiceNSW for your child's voucher).



Want more information?

Visit our website: [mq.edu.au/about/holidays](https://mq.edu.au/about/holidays)

## **RSL Sub-Branch Remembrance Day Education Grants Program (EGP) for 2021**

The EGP, which was first introduced in 2019 is open to eligible applicants from our school, who will be entering Year 7 in 2021, to assist with the costs associated with the transition to high school. The value of each grant is \$2,000.

**Please click on the link for further information and application**

**form:** <https://www.forestvillersl.org.au/school-grants/>



# Australian Childhood Anxiety TREATMENT STUDY

Griffith University is conducting an Australian wide study on anxiety treatment for 7 – 12 year olds that offers free home-based assessment and treatment for 7 to 12 year old children with fear and anxiety disorders.

## **About the study**

The team at Griffith University may be able to assist you. We are conducting a nationwide study that includes the following services at no cost to families:

- A thorough assessment of your child's anxiety with a trained psychologist via the telephone;
- Your child receiving one of two kinds of home-based treatments delivered on a PC, laptop or tablet; and
- Two follow-up telephone assessments with a trained psychologist 6- and 12-months after treatment to track your child's progress.

The study aims to find out if these two treatments are as effective as each other, and which children have the best response to each kind of treatment. This will mean that there are more evidence-based treatments available for helping anxious children.

To find out more about the study and how to be involved, read the Anxiety Treatment study [flyer](#) and the [information sheet](#).