

The Forestville Flyer

Monday, 7 December, 2020

Term 4 Week 9

Address: 7 Melwood Ave, Forestville, 2087 Ph: 9452 5444 Email: forestvill-p.school@det.nsw.edu.au
Website: www.forestvill-p.schools.nsw.edu.au

DATES TO REMEMBER

Mon 7 Dec	Year 1 Presentation Day	Tue 15 Dec	Picnic Day Stage 3
Tue 8 Dec	Yrs. 3-6 Presentation Day Stage 2 – 9.15am for 9.30 start Stage 3 – 11.15am for 11.30am start	Wed 16 Dec	Year 6 Graduation
Thu 10 Dec	Year 2 Presentation Day	Wed 16 Dec	Last Day for Students
Fri 11 Dec	Kindergarten Graduation Day	Fri 29 Jan	Years 1 – 6 return to school
Fri 11 Dec	Year 6 Dinner Dance	Wed 3 Feb	First day for Kindergarten 2021
Mon 14 Dec	Picnic Day for Kindy, Stg 1 and 2	Thu 4 Feb	Swimming Carnival

Principal's Report

PRESENTATION DAYS

It has been a very difficult year with COVID-19 restrictions and the organisation of awards for our school. We apologise that we have had to really limit access to our assemblies to our community as we really enjoy this time to celebrate with you. We are ensuring that our students experience the awards presentations with the full reverence they deserve for their wonderful achievements. Letters have gone home to all families of award recipients in 3-6 and all K-2 students will receive their certificate in an assembly which can be viewed via Zoom.

REPORTS

All reports are being emailed on Friday via the Sentral system. This is an environmental and time saving initiative which a great number of schools are now utilising. If you are unable to access your child's report on Friday, please contact the school via email and we will ensure you receive it. This is the first time we have used this method so we hope it is effective for everyone.

HOME READERS LIBRARY BOOKS AND RESOURCES

Please return all home readers to school by the end of this week as we need to complete a stocktake of our resources. Other school resources, which students may have borrowed, can be returned at the same time. It is important that we have our resources returned as we need to move into 2021 with adequate supplies for the students moving into their next grade.

LEAVING FORESTVILLE?

The planning process for 2021 is already underway and it would be appreciated if any families that will not be returning to FPS, besides those of our Year 6 children, let the school office know of your plans as soon as possible.

If you have any changes to your email address, please email the school on

forestvill-p.school@det.nsw.edu.au.

GIVING TREE

Our Giving Tree outside the school office has many lovely gifts under it which have been donated by our families. There are still some tags which need a present attached to them. Our community has so much and are incredibly generous, so it would be wonderful to spread the joy of Christmas to others outside our school by providing a gift. The gifts will be picked up next Tuesday, 15 December by the Lion's Club representatives. Thank you to all who have generously donated.



FUN RUN PRIZES

The fun run prizes have arrived at school but we need some time to sort them out into classes. We hope to be able to give students their prizes to take home on Friday. We will contact the parents of any student who may need help to collect their prizes.

GROWTH MINDSET- INTEGRITY – The moral compass

During your child's growing up years, success is often defined by academic scores and extra-curricular accomplishments.

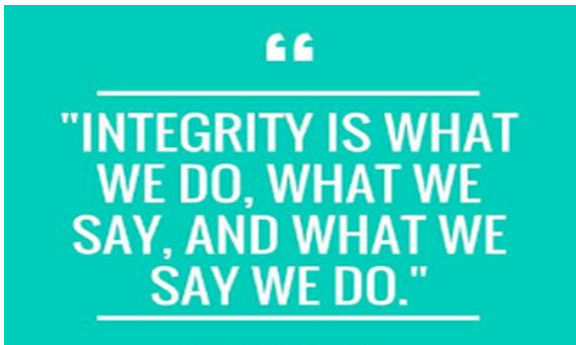
Children are not born with integrity or the behaviours we associate with it, including humility, social responsibility, and the courage to stand up for what they believe is right. It is derived through a process of cultural socialization—influences from all spheres of a child's life.

This process begins at home and is supported by schools. While kids are influenced by many out-of-home factors in today's world, research shows that families are still the primary teachers of integrity and the behaviours associated with it.

Ways to grow your child's integrity:

1. Have and articulate strong family values – develop a moral vocabulary.
2. Reward respectful behaviour
3. Explore consequences
4. Be a role model: – respond with integrity.

5. Teach digital etiquette and citizenship.
6. Share meaningful stories - much is learned through narrative.
7. Instill self –efficacy: – teach them to believe in themselves.



Thank you for your support

Louisa Wellings (Relieving Principal)

Years 3 – 6 Presentation Day

The Years 3 – 6 Presentation Day will held tomorrow in the School Hall. Due to COVID restrictions we are holding two separate Presentations as follows:

Stage 2 (Years 3 and 4) – Arrive at 9.15am at the Darley Street gate for 9.30am start

Stage 3 (Years 5 and 6) – Arrive at 11.15am at the Darley Street gate for 11.30am start

Online Enrolment

We are excited to announce our new Online Enrolment system which is now available to use.

The Online Enrolment System is designed to provide flexibility for our parents to submit an enrolment application online and at the time that best suits you. The application can be accessed on all browsers and mobile devices including iOS and Android.

The online application process is currently restricted to

- Within local intake area
- Enrolments into NSW **local** schools only
- Children who are Australian citizens, New Zealand citizens or permanent residents

We encourage you to complete your application to enrol online. The link can be found on our school website under the Enrolment Tab. Then click on Apply For Enrolment Online. However, a paper copy will be available for collection from the office or can be downloaded from the Department's [going to a public school site](#).

New After School Care – the Y NSW

Enrolments are open for the Y Forestville OSHC

We are offering Before and After School Care in the OSHC rooms at Forestville Public School. There are currently vacancies, but we would encourage those interested to enrol quickly to secure their place.



The Y NSW will be offering Vacation Care for Forestville Public School families and the wider community from the December holidays.

The enrolment process is the same for Vacation Care as it is for Before and After School Care.

Our Child Care Team is also available to answer any of your questions. Just email oshc.forestville@ymcansw.org.au or call 8123 2395.

Enrolments are also open and more information can be found on our website: www.ymcansw.org.au/centres/forestville-oshc

Return and Earn

"We would love your help to support our children with their Return and Earn project - all proceeds go to funding school equipment. All you need to do is pick up some tubs filled with recyclables that the children have sorted and take them to the Return and Earn station. We need one volunteer per week. This is great fun to do with the children - they love it!

Please click here to sign up. **Note, this is a new link as the previous link did not work.**
<https://docs.google.com/spreadsheets/d/1ndg1hbO9MrDIodFQ3UpjhiZ85Fb2cH26fJMyXbbob0/edit#gid=0>

There is a link to more information on the sign up sheet.
Let me know if there is any further information you require.

Regards
Teira Jansen
teirajansen@hotmail.com 0412 988 264



Return and Earn – Donation option



FPS has recently been added as a donation option to two local return and earn machines. This means whenever you drop off your bottles and cans for recycling you can donate directly to FPS! Simply return your containers at either the Glenrose shopping centre or Belrose Supa Centre return and earn machines. Select the “Donate” option at the end of your session. You will then be able to select FPS to donate to. Press the “Confirm” button to donate. Please note 100% of the money you donate will be given to FPS. All money received goes towards FPS P&C for student resources. This initiative will run until mid February.

Mrs Steggles
Class Teacher

Primary Ethics information

Primary
ETHICS

**Do something
life-changing
today**

For around an hour a week, you can teach an ethics class at Forestville Public School and help children, our future leaders, develop skills for life.

Ethics classes support children to develop the skills they need to voice their opinions, consider the ideas of others and to make decisions based on evidence and reasoning rather than habit or peer pressure.

In ethics classes volunteers help children discuss ethical issues using an approved curriculum designed for each age group and include topics such as: Laziness; Voting; How can we work out what's true?; and, Imagining how others feel.

Classes are 30 minutes in length and start at 9AM on Thursdays (for years 3 to 6) and Fridays (for kindergarten and years 1 and 2). Comprehensive training, access to lesson materials and classroom support are all provided. Previous teaching experience is not required.

This year we were able to offer ethics classes for only 4 out of the 7 years at FPS and even those classes had a number of students waitlisted and unable to attend an ethics class. **WE NEED MORE VOLUNTEERS!** If you, or anyone you know, might be interested (eg grandparent, neighbour) visit PrimaryEthics.com.au or contact the FPS co-ordinator, Andrew Kent, at andrew@reality.com.au or on 0402010648 to find out more.

Strings

Hello Strings Community

It's hard to believe that we've reached the end of the year and it will be the last week of rehearsals! We have organised a treat for the kids and a thank you for our wonderful conductors who have done a fabulous job keeping the kids entertained and engaged with music. Wishing you a refreshing and festive holiday break to be recharged and ready for great Strings year in 2021.

If you would like to **hire an instrument next year**, I am finalising the list right now, so get in quick.

2021 Chamber Orchestra (Thursday's 3.45pm) has a couple of spots available to senior strings students, please read the Teamapp communication regarding this if you are interested.

If you're interested in next year's **Guitar Group** we now allow competent Ukulele players if approved by Miss Brown. Student's in Year 4, 5 and 6 please contact me for further information.

Pip's Player of the Week: - Emelie T. – 3!

2nd Hand Instruments for Sale:

Instrument	1/4 Violin: Enrico Student Plus II purchased from Mona Vale Music (2017)	1/2 Violin: Kreisler #120	1/8 Violin Kreisler
Description	This was the recommended model for beginners at FPS at that time. Comes with Everest shoulder rest, bow and case. Excellent condition - looked after very well (by one owner). Only a few very minor scratches.	New sells for \$575 at Sydney Strings Centre. Warm, mellow tone. Comes with 2 bows, pink Everest shoulder rest, and case. Originally bought from Sydney Strings Centre, it has been used by several Senior Strings Group students. Good used condition (minor scratches)	Purchased and serviced through Sydney Strings Centre. One owner only.
Price	\$130	\$200	\$200
Contact	Tiina 0402 976 996 tjaaniste@hotmail.com	Tiina 0402 976 996 tjaaniste@hotmail.com	"Elizabeth 0430 227 623 egraetz@yahoo.com.au "

Any questions please contact

Kylie Lake - Strings President fps.strings@gmail.com ph: 0414-666-711

Forestville Band 2020



BAND REHEARSALS COMING TO AN END

We are coming to the end of another year.

Concert Band rehearsals have now ceased.

Intermediate Band will have their last rehearsal today, Monday, 7 December, 2020.

Training Band will have their last rehearsal today, Monday, 7 December, 2020.

HIRED INSTRUMENTS

Instruments hired from Forestville Public School need to be returned to the school hall on Friday, 11 December between 8.00am – 9.00am.

2021 BAND COMMITTEE

We are looking for new committee members to join our committee for 2021. One of the roles we are looking for is Treasurer as Carolyn will be stepping down at the end of 2020. If you are interested in volunteering for this role or any other roles within the Band Committee please email psbands@gmail.com thank you.

UPDATES

Please keep up to date with any notices from The Band Committee which will come through TeamApp.

2021 Training Band Offers

2021 Training Band Offers went home in week 6 and an email was sent with upcoming Zoom meeting details (7 December 8pm) and online Acceptance form. Very excited for our new musicians!! Please email fpsbands@hotmail.com if you did not receive the email.

Band Committee fpsbands@gmail.com

Uniform Shop

All NEW uniforms can be bought online from Pickles or their store at Brookvale.

ORDER ONLINE

<https://www.picklesschoolwear.com/shop?school=forestville-public-school>

Online orders have no delivery charge if delivered to the school.

There are new hats available at the office for \$10.

SECOND-HAND UNIFORM SHOP

Due to non-essential visitor restrictions from the Department of Education we now have office staff looking after your second-hand uniform needs. Please phone or send an email to the school on forestvill-p.school@det.nsw.edu.au.

Note that we accept CASH ONLY and all items are now only \$5.
Any uniform donations can be left at the office and are very welcome.

Please note that the second-hand shop is not open during school holidays.

Canteen

Forest Bites Canteen



Volunteer Roster - Weeks 9 and 10

Volunteers are allowed to come into the canteen but must complete a covid form. If you are feeling unwell, please let us know you are unable to come in.

Monday	Tuesday	Wednesday	Thursday	Friday
7 December	8 December Claire H	9 December	10 December Renee G Farheen A	11 December Rebecca D Michelle M
14 December CLOSED	15 December CLOSED	16 December CLOSED		

If any families are leaving Forestville at the end of this year, please email Munchmonitors to close your account and obtain a refund of any funds still remaining in your account.
info@munchmonitor.com

Order online with Munch Monitor

www.munchmonitor.com

School ID: Forestville, **Password:** munch2087

There is an account-keeping fee of \$3.65 per parent per account per term, payable via your online account. For assistance, contact help@munchmonitor.com, call 1300 796 190 or visit us in the canteen.

Volunteers

If you can't make your shift, please contact other volunteers from the list (2nd page of your roster).

Contact details for the Canteen Managers:

Tania Laytham (Monday, Tuesday & Friday) 0414 528 534

Kim Egelton (Wednesday, Thursday) 0412 254 310

Everyone makes a team!



2021 CHEERLEADING TRYOUTS

SUNDAY 13TH DEC 2020

FROM 9AM TO 12.45PM

CHECK OUT TIMES FOR EACH LEVEL

PLEASE REGISTER ONLINE
AUSSIEGEMS.COM.AU
FRENCHS FOREST NSW



J&E PIANO MUSIC CENTRE IS TAKING ENROLMENTS NOW!

SMALL GROUP PIANO LESSONS

Piano lesson 2021
 Forestville Public School

LEARN PIANO IN A FAST AND FUN WAY WITH OUR OWN EXCLUSIVE PIANO MUSIC BOOK FOR any level

\$27 for 45 min lessons. 1st trial lesson free. Pay by Term New Piano book for sale \$15



Small Group Lessons at 2Z Room on Monday 8-8:45. 1-1:45 or 3:15-4:00. Pick up From after school care available

SMS to 0424 614 591 Or Email: johnyyoung@hotmail.com include School + Child's name We accept Creative Kids Vouchers \$100

NO REFUNDS 2 WEEKS NOTICE

ENROL ALL YEAR AROUND

School holiday



ACROBATICS AND GYMNASTICS PROGRAM



Times:	Half Day 9am - 1pm	Full Day 9am - 3:30pm
Ages:	4+	
Place:	5A /106 Old Pittwater Rd, Brookvale	
Cost:	Half Day \$45	Full Day \$70

DECEMBER				
MON	TUE	WED	THU	FRI
21	22	23		
Pick your day or days!				

Please bring your morning tea, lunch and drink bottle with you. Wear sporty clothes.

info@aagi.com.au / www.aagi.com.au
 or call on 9938 2017




Sing Your Heart Out Holiday Workshops

A high-quality singing workshop with experienced, fun, and inspiring singing teachers! Learn how to sing solo, sing in a group, beat-box, build your confidence, and perform on stage!

Monday 18th to Wednesday 20th January (3 days). St Kieran's Parish Centre, 2 King St Manly Vale. For children aged 5 to 12 years.

For more information and to enrol, call Natasha on 0425 297 827 or visit SYHO.INFO

Community News

Summer Holiday Camps

4th December 2020 – 29th January 2021



Join our Holiday Camps and play soccer indoors on grass

CAMPS FILL FAST, SO BOOK NOW!

Here at the Football Factory we acknowledge the necessity to focus on the development of an individual's skills. It is important that children have fun whilst they learn new skills, and that's why we've tailor made our school holiday camps to be both fun and engaging!

- Professionally qualified & engaging FFA & AFC coaches.
- Learn new tricks, skills and techniques to improve your overall ball mastery and game play. We will teach you how to execute a 'Zidane Turn', 'The Socrates', 'Rabona', 'Maradona Spin', 'Cryuff Cut', 'Ronald Chop', or learn how to do a 'Rainbow Flick'!
- Each day has a different 'Football Focus'. Tricks, skills and moves relevant to the daily focus will be taught.
- Build your child's confidence and self-belief in a nurturing, and fun environment where they can improve their skillset. This leads to more creative players on the football field.
- Play football, no matter what the weather, in your boots!
- Finish the day with Laser football
- Clean and safe environment where individual needs are catered to.

ATHLETE'S CORNER

SCHOOL HOLIDAY CAMP

13, 14, 20 or 21 January 2021

Year 2 and older

Sydney Academy of Sport



2021 TERM 1 - AFTER SCHOOL ATHLETICS

Wednesday or Thursday

Melwood Oval – 3pm-4.15pm

All ages - School pickup included



www.athletescorner.com.au

athletes.corner@outlook.com – 0406 131 529

Saxophone tutor

I'm a year 10 highschool student available to tutor alto sax students from beginner level to 1-2 years experience.

\$25 per half hour

Contact details:
0444532255
natashab23@rosevillecollege.com

NATASHA - lessons taught in Killarney Heights

Girls, ever wanted to play Rugby League but unsure about the contact??

Play Blues Tag with the Ferrets!



Come & Play
BLUES TAG
in 2021

Non-tackle Rugby League on offer for GIRLS in the Manly Warringah Junior League District. A fantastic way to learn all of the core skills of Rugby League without the fear of contact!



Offerings Available in Under 11s & Under 13s age groups for GIRLS

Games will be played on Saturday afternoons

www.foresvilleferrets.com.au

foresvilleferretssecretary@gmail.com



 **Lifeline** Saving Lives
Crisis Support. Suicide Prevention.

GIANT BOOK FAIR

Brookvale

St Augustine's College
Federal Parade

December 10-13

Thursday 11-7, Friday 9-7,
Saturday 9-5, Sunday 9-3



DECEMBER
12TH 2020

SYDNEY ID CLINIC

VILLARREAL SYDNEY ACADEMY

- SELECTED PLAYERS WILL BE PART OF THE VILLARREAL SYDNEY ACADEMY PROGRAM IN 2021.
- 4 PLAYERS WILL BE SELECTED FOR OUR ONLINE PLAYER DEVELOPMENT PROGRAM WITH VILLARREAL CF COACHES IN SPAIN.

AGES
U8 TO U14

Contact us at:
info@villarreal-sydney.com
Phone: 0452241145
Register:
www.villarreal-sydney.com.au



Location:
St Ives Skateground (493 Maria Vale Rd,
St Ives, NSW 2075)

Oliver!

JOIN THE MUSICAL CAST OF
OLIVER JR

ALL KIDS 7-12 YRS ARE WELCOME! NO EXPERIENCE NECESSARY

WE CREATE HAPPY, CONFIDENT & FULFILLED KIDS THROUGH THEATRICAL EXPERIENCES

6 SYDNEY LOCATIONS FOR 2021

Allawah / Bellevue Hill / Forestville / Parramatta / Stanmore / Smeaton Grange.



WWW.MUSICALMAKERSCLUB.COM.AU

0466 149 572 / HELLO@MUSICALMAKERSCLUB.COM.AU



WILLOUGHBY ARTS CENTRE SUMMER KIDS HOLIDAY PROGRAM PLACES AVAILABLE

16 DEC - 30 JAN
WORKSHOPS
FOR AGES 5 - 14

WWW.WILLOUGHBYARTS.ORG.AU
02 9958 6540 | 33 LAUREL STREET



Community News

Glenaeon Holiday Care Program

121 Edinburgh Road, Castlecrag, NSW 2068

Book now for some healthy and fun Holiday Care experiences for your children.

Details & Bookings: <http://www.glenaeonoosh.com.au/holiday-care-bookings.html>



Summer Program Dates

Thurs 10 Dec – Tue 22 Dec 2020

Times: 8:15am – 5:30pm

Mon 11 Jan – Fri 22 Jan 2021

Where: Castlecrag Campus (unless specified for Excursions)

Rates: \$100/day OR

121 Edinburgh Rd, Castlecrag, NSW 2068

3 days camp in a week - \$270*

4 days camp in a week - \$360* at time of original booking (All Govt. CSS Rebates apply.)

The service is following all Covid health guidelines during this time.

Summer Camp Activities include:

Adventure Camps: A variety of locations with a different focus in activities so that children can enjoy the great outdoors on all adventure camp days. Includes water play, local animals, kayaking, snorkeling, bush challenges, build a raft & more.

Excursions: A variety of excursions in the local area allowing children to be out in nature and enjoying natural play and exploration. Separate senior's groups and challenges. Swimming & water activities.

Sports & Games: T-Ball, tennis, Badminton, Soccer, Archery, Table-tennis, Handball

Arts & Crafts: Christmas craft, sketching techniques, canvas art, pottery, painting, graffiti art

Woodwork & technical skills: Learn skills using tools, make toys, cars, planes and your own designs

Science: Making science fun! Learn the basics and create your own science projects

Cooking: A variety of cooking experiences including baking Christmas treats!

Events: Amazing Race (seniors), Water play, building cubbies, bush skills and more

For Full program details & Bookings for Dec & Jan see our website :

www.glenaeonoosh.com.au

Website: www.glenaeonoosh.com.au

Email: glenaeonoosh@gmail.com

ST. DAVID'S CHRISTMAS KIDS CLUB

JOIN US FOR CHRISTMAS FUN ON THE 17TH OF DECEMBER. WE WILL BE SPENDING TIME HEARING FROM THE BIBLE, PLAYING GAMES AND MAKING CHRISTMAS CRAFT

Who: Kids in Kindy to year 6 (in 2020)
When: 17 December 9am-3pm
Cost: \$20 per child (up to a maximum of \$50 per family)

Please BYO lunch
Morning tea and afternoon tea will be provided
Spaces are limited
To register please copy the link below
<https://bit.ly/32AQ8Ea>

This is a COVIDSafe event

If you have any questions please contact
office@stdavids.com.au
Rachel 0478909499



SCHOOL HOLIDAY PROGRAMS AT MACQUARIE UNIVERSITY

This summer, your kids can fire up their imaginations and keep their hands and minds busy at our popular school holiday programs.

Holiday gymnastics and swimming programs

Kids can bounce, balance and tumble around the gymnastics hall, or jump in the pool with our swimming classes which range from learn-to-swim to more advanced levels (4 to 15 years of age). Individual and group lessons/clinics are available.

Vacation care

Our vacation care program has something for everyone: indoor and outdoor activities and excursions, arts and crafts, drama, cooking and games. It's hands off devices and hands-on fun.

Junior Science Academy

Switch on their curiosity at our Junior Science Academy with fun, hands-on experiments in classes for students from kindergarten to Year 6.

RoboCamps

Build robots and learn to drive them with the Thunder Down Under robotics team. Fun, educational and professionally run, these classes are ideal for children in Years 1-7. **Creative Kids vouchers** (value is \$100) can be claimed for any robotics or coding class. Apply through ServiceNSW for your child's voucher).



Want more information?

Visit our website: mq.edu.au/about/holidays



Australian Childhood Anxiety TREATMENT STUDY

Griffith University is conducting an Australian wide study on anxiety treatment for 7 – 12 year olds that offers free home-based assessment and treatment for 7 to 12 year old children with fear and anxiety disorders.

About the study

The team at Griffith University may be able to assist you. We are conducting a nationwide study that includes the following services at no cost to families:

- A thorough assessment of your child's anxiety with a trained psychologist via the telephone;
- Your child receiving one of two kinds of home-based treatments delivered on a PC, laptop or tablet; and
- Two follow-up telephone assessments with a trained psychologist 6- and 12-months after treatment to track your child's progress.

The study aims to find out if these two treatments are as effective as each other, and which children have the best response to each kind of treatment. This will mean that there are more evidence-based treatments available for helping anxious children.

To find out more about the study and how to be involved, read the Anxiety Treatment study [flyer](#) and the [information sheet](#).